

Virginia Quick, PhD, RDN

Rutgers University, School of Environmental & Biological Sciences
Davison Hall, Room 209, 26 Nichol Avenue, New Brunswick, NJ 08901
Office: (848) 932-0950 • Cell: (908) 507-4879 • Email: vquick@njaes.rutgers.edu

➤ ACADEMIC EMPLOYMENT

- 7/18-Present Rutgers University, School of Environmental and Biological Sciences,
Department of Nutritional Sciences
*Director of the Didactic Program in Dietetics,
Assistant Teaching Professor, Non-tenure track*
- 9/17-6/18 Rutgers University, School of Environmental and Biological Sciences,
Department of Nutritional Sciences
*Interim Director of the Didactic Program in Dietetics,
Assistant Research Professor, Non-tenure track*
- 10/16-8/17 Rutgers University, School of Environmental and Biological Sciences,
Department of Landscape Architecture & Department of Nutritional Sciences
Assistant Research Professor, Non-tenure track
- 9/15-9/16 Rutgers University, School of Environmental and Biological Sciences,
Department of Nutritional Sciences
Lecturer and Researcher, Non-tenure track
- 8/14-7/15 James Madison University, College of Health and Behavioral Studies,
Department of Health Sciences
Assistant Professor, Tenure track
- 8/13-8/15 Rutgers University, School of Environmental and Biological Sciences,
Department of Nutritional Sciences
Research Associate (Part-time)

➤ EDUCATION & TRAINING

- 9/12-7/14 *Eunice Kennedy Shriver* National Institute of Child Health & Human Development
(NICHD)/National Institutes of Health (NIH)
Postdoctoral Fellow, Health Behavior Branch
Funded under the Intramural Research Training Award
Mentor: Tonja Nansel, PhD
- 9/11-8/12 University of Minnesota, School of Public Health
Postdoctoral Fellow
Funded under the Interdisciplinary Research Training in Child and Adolescent Primary
Care Fellowship Training Program
Mentor: Dianne Neumark-Sztainer, PhD, MPH, RD
- 9/06-5/11 Rutgers University, Graduate School of New Brunswick
Graduate Teaching and Research Assistant, Nutritional Sciences, Ph.D.
Dissertation Title: Characteristics and Disturbed/Disordered Eating Behaviors of Young
Adults with and without Diet-Related Chronic Health Conditions
Committee Chair: Carol Byrd-Bredbenner, PhD, RD, FAND
- 8/05-5/06 College of Saint Elizabeth, Graduate School
Dietetic Intern, RDN

➤ PROFESSIONAL REGISTERED DIETITIAN EXPERIENCE

- 9/10-5/11 *Sports Nutritionist*, Rutgers University Athletics
- Counseled student athletes on nutritional needs for optimal performance
 - Closely worked with athletic trainers, coaches, and sports medicine physicians to address student athletes needs for nutritional guidance
- 9/01-12/10 *Nutrition Advocate Supervisor*, Rutgers University Health Services
- Mentored and supervised undergraduate student volunteers (n~40) who created and implemented peer nutrition education programs and at health fair events. Taught and advised students to conduct dietary intake assessments
- 6/06-9/10 *Clinical Registered Dietitian*, Saint Peter's University Hospital, New Brunswick, NJ
- Part-time Outpatient Prenatal Nutritionist: Collaborated and communicated with physicians and other healthcare professionals to meet medical and nutritional needs of patients
- 6/07-8/07 *Clinical Registered Dietitian*, Camp NEJEDA (New Jersey Diabetes Association), Stillwater, NJ
- Taught ~200 campers with type 1 diabetes (8-16 years of age) using presentations and activities on carbohydrate counting, meal planning, and healthy eating
 - Monitored camper dietary needs (e.g., food allergy restrictions, special dietary needs) and planned camp menu for the summer while overseeing the food service staff and collaborating with clinical staff
- 7/06-8/06 *Food Service Manager*, The Boy's Club of NY- Camp Cromwell
- Supervised and instructed 8 kitchen staff with regard to meal preparation and sanitation
 - Maintained food inventory and communicated with food vendors on a daily basis
 - Developed production schedules and planned nutritionally balanced menus
 - Nutrition education presentation on healthy eating given to ~300 campers ages 8 to 16 years and program staff
- 7/04-8/05 *Farm Life Specialist*, The Boy's Club of NY- Camp Cromwell
- Taught ~300 youth (ages 8-16 years) food and agricultural sciences
 - Provided hands-on expereinces and herdsmanship on the farm
 - Responsible for care of farm animals and lesson plans for youth

➤ TEACHING EXPERIENCE

- Summer 2020 Foodservice Management and Business (6 week) rotation for dietetic interns, Preceptor
- 2019-Present Research rotation for ISPP dietetic interns, Preceptor
- Fall 2019 Guest lecturer for NUTR 345 Nutrition throughout the Life Span
- 2018-Present NUTR 503 Introduction of Applied Nutrition Research
- 2017-Present NUTR 405 Professional Issues in Dietetics
- 2017-Present NUTR 201, 202 Culinary Nutrition lecture and supervisor of labs
- 2017-2018 NUTR 492 Nutrition Communications
- 2015-2016 NUTR 499 Nutrition Counseling; NUTR 344 Quanity Food Production; NUTR 349 Management of Foodservice Systems
- 2014-2015 NUTR 386 Community Nutrition; NUTR 280 Nutrition for Wellness; NUTR 295 Foundations of Nutrition Practice; NUTR 660 Research Methods in Dietetics
- 2010-2011 Guest lecturer for NUTR 530 Nutritional Epidemiology, Nutritional Sciences Department, Rutgers University

- 2006-2009 Teaching assistant for NUTR 344 Quantity Food Production, Nutritional Sciences Department, Rutgers University
- 2006-2008 Teaching assistant for NUTR 498 Nutrition and Disease, Nutritional Sciences Department Rutgers University
- 2006-2008 Teaching assistant for NURT 255 Nutrition and Health, Nutritional Sciences Department, Rutgers University

➤ RESEARCH EXPERIENCE

- 9/17-Present *Assistant Teaching Professor*
- Administrator for the accredited, Rutgers DPD/ISPP program
 - Lead on writing 5-year Program Assessment Report (PAR) for Rutgers DPD accreditation (May 2018)
 - Manage dietetics option program websites, curriculum & resources
 - Advise ~50 students in dietetic internship application process each year
 - Assist as preceptor for research rotations of ISPP interns
 - Manage and supervise the kitchen laboratory and teaching assistants
- 10/16-8/17 *Assistant Research Professor*
- Program Manager for international project: Greek Food Insecurity & Emergency Food Systems
 - Take lead in communications with international collaborators and organization of meetings and workshops
 - Assist with writing final report with key recommendations for improving food security in Greece
- 9/15-9/16 *Research Associate, Rutgers University*
- Data management and analysis of an 18 month, randomized controlled trial study conducted with parents of preschool-aged children (760 dyad families); community nutrition intervention is focused on healthier eating and physical activity environments in the home that aids to reduce obesity-risk and promote weight management
 - Developed procedures for data collection and analysis, and prepared research reports on data analysis findings bi-weekly for research team
 - Regularly met with research team in sharing and collaborating on research ideas for writing peer-reviewed papers
 - Mentored three graduate students in data set management and analysis
- 9/12-8/14 *Postdoctoral Fellow, National Institutes of Health (NICHD), Division of Intramural Population Health Research, Health Behavior Branch*
- Conceptualized, analyzed, and prepared manuscripts using large data sets of cross-sectional and longitudinal data focusing on eating behaviors, body image and disordered eating in youth with type 1 diabetes (i.e., Cultivating Healthy Eating in Families with type 1 diabetes [CHEF, behavioral intervention study]; Health Behavior for School-aged Children survey [HBSC, international study])
 - Mentored two NIH post-baccalaureates
- 9/11-8/12 *Postdoctoral Fellow, University of Minnesota*
- Conceptualized, analyzed, and prepared manuscripts from Project EAT (Eating and Activity in Teens and Young Adults) data set; close collaboration with research team to conceptualize new research questions and analytical approaches; research focus on

body image, self-weighting behaviors, and disordered eating among adolescents and young adults

1/09-8/14 *Research Assistant, Rutgers University*

- Assisted with research project conceptualization, implementation, and data analysis; supervised and trained a staff of 9 undergraduate students to recruit study participants, adhere to human subjects study protocol, collect data anthropometric, biochemical, and environmental data with fidelity. Rutgers University campus coordinator for USDA MultiState Project NC1028 (Healthy Campus Research Consortium) ensuring full collaboration and precise concordance of multi-center study protocol with the other 15 participating universities
- Research skill expertise developed: application of behavior change theory to nutrition interventions, qualitative data collection and analysis techniques (e.g., content analysis, focus groups, interviews), quantitative/clinical data collection and analysis (e.g., anthropometric and biochemical measurements, surveys), nutrition intervention (e.g., face-to-face, online) development, implementation, data analysis, and evaluation
- Research projects included food and media cognitions of children (ages 5 to 9yr), food safety behavior assessment and intervention for middle school children, campus environment assessment, obesity prevention intervention for older adolescents/young adults

➤ **STATISTICAL AND RESEARCH SKILLS**

- Proficiency with statistical software packages including SPSS and SAS
- Experience with complex multivariate statistical analyses, including:
 - Multiple and logistic regression
 - Generalized Linear Mixed Models
 - Analysis of Variance and Covariance
 - Factor Analysis
 - Cluster Analysis
- Research skill experience with cross-sectional and observational studies along with randomized controlled trial interventions include:
 - Design of experiments
 - Questionnaire construction and validation
 - Large database management
 - Data mining
 - Qualitative data analysis
 - Publication and presentation of results

➤ **SOFTWARE PROFICIENCY**

- | | |
|--|----------------------------------|
| • SPSS Statistical Package | • SAS Statistic Package |
| • Microsoft Office (Excel, Word, Powerpoint) | • Online survey tools: Qualtrics |

➤ PUBLICATIONS: BOOKS, BOOK CHAPTERS & REPORTS

1. **Quick, V.** (2020) Measure Success with Testing and Evaluation. Chapter 39 In Mayfield B. (Ed.). *Communicating Nutrition: The Authoritative Guide*. Academy of Nutrition and Dietetics.
2. Jimenez, E., Gaba, A., **Quick, V.** (2020) Nutrition Communicators Publish Research in Peer-reviewed Journals. Chapter 41 in Mayfield B. (Ed.). *Communicating Nutrition: The Authoritative Guide*. Academy of Nutrition and Dietetics.
3. Mayfield, B., Jensen, B., Lagoe, C., **Quick, V.** (2020) A Needs Assessment is Essential for Audience-Focus. Chapter 11 In Mayfield B. (Ed.). *Communicating Nutrition: The Authoritative Guide*. Academy of Nutrition and Dietetics.
4. Byrd-Bredbenner, C., **Quick, V.** (2020) Use Behavior Change Theories to Create Effective Communications. Chapter 12 In Mayfield B. (Ed.). *Communicating Nutrition: The Authoritative Guide*. Academy of Nutrition and Dietetics.
5. Lawson, L., **Quick, V.**, Taylor, M., Kapsokefalou, M., Kotsios, P, Rao, S., Schoolman, E. Food aid and the emergency food system in Greece. Stavros Niarchos Foundation; Public Report, June 2017.
6. **Quick, V.**, Byrd-Bredbenner, C. Disordered eating and body image in cystic fibrosis. In Watson RR. (Ed.). *Diet, Food, Nutrition and Exercise in Cystic Fibrosis*. Elsevier, 2015.
7. Byrd-Bredbenner, C., **Quick, V.** Changing Food Intake Patterns: Health Behavior Theories. In Colby S. (Ed.). *Food Behavior: Why We Eat What We Eat*. Dubuque, IA: Kendall/Hunt Publishing Co; 2010.

➤ PUBLICATIONS: PEER-REVIEWED JOURNAL ARTICLES

1. Delaney, C.L., Spaccarotella, K., **Quick, V.**, Byrd-Bredbenner, C. A comparison of weight-related behaviors of mothers and children by acculturation level. *International Journal of Environmental Research and Public Health*. 2021;18:503. doi:10.3390/ijerph1802503.
2. Byrd-Bredbenner, C., Eck, K., **Quick, V.** (In Press, Jan 2021) GAD-7, GAD-2, and GAD-Mini: Psychometric properties and norms of University students in the United States. *General Hospital of Psychiatry*. Advanced online viewing: <https://doi.org/10.1016/j.genhosppsy.2021.01.002>.
3. Byrd-Bredbenner, C., Eck, K., **Quick, V.** Psychometric properties of the Generalized Anxiety Disorder-7 and Generalized Anxiety Disorder-Mini in U.S. University students. *Frontiers in Psychology*. 2020;11:550533. doi: 10.3389/fpsyg.2020.550533
4. Papaconstantinou, E., **Quick, V.**, Vogel, E., Coffey, S., Miller, A., Zitzelsberger, H. Exploring relationships of sleep duration with eating and physical activity behaviors among Canadian university students. *Clock & Sleep*. 2020;2,194-207. doi:10.3390/clockssleep2020016
5. Sahlan, R., Taravatrooy, F., Mond, J., **Quick, V.** Eating-disordered behavior among male and female college students in Iran. *Eating Behaviors*. April 2020;37:101378. doi.org/10.1016/j.eatbeh.2020.101378
6. Gastrich, M., **Quick, V.**, Bachmann, G., Moriarity, A. Nutritional risks among female athletes. *Journal of Women's Health*. 2020;29(5):693-702. doi:10.1089/jwh.2019.8180
7. Zhang, M., **Quick, V.**, Martin-Biggers, J., Jin, Y. Associations of parental influence on the home and neighborhood physical activity environments of preschool children. *American Journal of Health Promotion*. Jan 2020;34(1)83-86. doi:10.1177/0890117119864206.

8. Papaconstantinou, E., **Quick, V.**, Coffey, S. The relationship between sleep quality and eating competence in a sample of Canadian university students *OBM Neurobiology*. 2019,3(4): doi:10.21926/obm.neurobiol.1904044.
9. **Quick, V.**, Eck, K., Delany, C., Lewis, R., Byrd-Bredbenner, C. Stability of differences in weight-related characteristics of mothers across economic, cultural, social, and environmental-health indicators of socioeconomic status. *International Journal of Environmental Research on Public Health*. 2019,16:3866. doi:10.3390/ijerph16203866.
10. **Quick, V.**, Chang, G. Health care provider's experiences, practices and recommendations for interventions and screening of cystic fibrosis patients with disordered eating: A qualitative analysis. *Chronic Illness*. 2019,0(0):1-14. doi:10.1177/1742395319881182.
11. Xiong, R., Spaccarotella, K., **Quick, V.**, Byrd-Bredbenner, C. Generational differences: Comparison of weight-related cognitions and behaviors of Generation X and Millennial mothers of preschool children. *International Journal of Environmental Research and Public Health*. 2019,16:2431. doi:10.3390/ijerph16132431.
12. Martin-Biggers, J., **Quick, V.**, Spaccarotella, K., Byrd-Bredbenner, C. An exploratory study examining obesity risk in non-obese mothers of young children using a socioecological approach. *Nutrients*. 2018;10:e781. doi:10.3390/nu10060781.
13. **Quick, V.** Clustering of obesity-related risk behaviors among families with preschool children using a socioecological approach: Cross-sectional study. *JMIR Pediatrics and Parenting*. 2018;1(1):e10320. doi:10.2196/10320
14. **Quick, V.**, Lipksy, L., Nansel, T.R. Psychometrics of the Self-Regulation Questionnaire for healthy eating in youth with type 1 diabetes and their parents. *Child: Care, Health & Development*. 2018;1-8. <http://dx.doi.org/10.1111/cch.12574>.
15. **Quick, V.**, Martin-Biggers, J., Povis, GA., Hongu, N., Worobey, J., Byrd-Bredbenner, C. Long-term follow-up effects of the HomeStyles randomized controlled trial on social cognitive theory constructs associated with physical activity cognitions and behaviors. *Contemporary Clinical Trials*. 2018;68:78-89.
16. Eisenberg, M., **Quick, V.**, Lipksy, L., Dempster, K.W., Liu, A., Laffel, L.M., Mehta, S.N., Nansel, T.R. Disordered eating behaviors are not increased by an intervention to improve dietary quality, but are associated with poorer glycemic control among youth with type 1 diabetes. *Journal of Diabetes Care*. 2018;41(4):869-875.
17. **Quick, V.**, Golem, D., Povis, GA., Martin-Biggers, J., Worobey, J., Byrd-Bredbenner, C. Moms and Dads differ in their family food gatekeepers behaviors. *Topics in Clinical Nutrition*. 2018;33:3-15.
18. Byrd-Bredbenner, C., Martin-Biggers, J., Povis, GA., Worobey, J., Hongu, N., **Quick, V.** Promoting healthy home environments and lifestyles in families with preschool children: HomeStyles, A randomized controlled trial. *Contemporary Clinical Trials*. 2018;64:139-151.
19. Byrd-Bredbenner, C., Delaney, C., Martin-Biggers, J., Koenings, M., **Quick, V.** The marketing plan and outcomes for recruiting and retaining parents in the HomeStyles Randomized Controlled Trial. *Trials*. 2017;18:540. doi:10.1186/s13063-017-2262-3.
20. Martin-Biggers, J., **Quick, V.**, Zhang, M., Jin, Y., Byrd-Bredbenner, C. Relationships of family conflict, cohesion, and chaos in the home environment on maternal and child food-related behaviors. *Maternal & Child Nutrition*. 2017:e12540. doi: 10.1111/mcn.12540
21. Byrd-Bredbenner, C, Wu, F., Spaccarotella, K., **Quick, V.**, Martin-Biggers, J., Zhang, Y. Systematic review of control groups in nutrition education intervention research. *International Journal of Behavioral Nutrition & Physical Activity*. 2017;14:91. doi: 10.1186/s12966-017-0546-3

22. **Quick, V.**, Martin-Biggers, J., Pavis, G.A., Hongu, N., Worobey, J., Byrd-Bredbenner, C. A socioecological examination of weight-related characteristics of the home environment and lifestyles of households with young children. *Nutrients*. 2017;9:604. doi:10.3390/nu9060604
23. Byrd-Bredbenner, C., Martin-Biggers, J., Koenings, M., **Quick, V.**, Hongu, N., Worobey, J. HomeStyles, A web-based childhood obesity prevention program for families with preschool children: Protocol for a randomized controlled trial. *JMIR Research Protocols*. 2017;6(4):e73.
24. Cheng, C., Martin-Biggers, J., **Quick, V.**, Spaccarotella, K., Byrd-Bredbenner, C. Validity and reliability of HOP-Up: A questionnaire to evaluate physical activity environments in homes with preschool-aged children. *International Journal of Behavioral Nutrition and Physical Activity*. 2016;13:91.
25. Eck, K., Alleman, G., **Quick, V.**, Martin-Biggers, J., Hongu, N., Byrd-Bredbenner, C. A childhood obesity online training certification program for community family educators. *Journal of Community Health*. 2016;41(6):1187-1195.
26. Barrios, P., Martin-Biggers, J., **Quick, V.**, Byrd-Bredbenner, C. Reliability and criterion validity of a self-measured waist, hip, and neck circumferences taken with a home-assembled measuring tape after viewing an online instructional video. *BMC Medical Research Methodology*. 2016;16:49.
27. **Quick, V.**, Byrd-Bredbenner, C., White, A.A., Brown, O., Colby, S., Shoff, S., Lohse, B., Greene, G.W., Horacek, T., Kidd, T. A streamlined, enhanced self-report physical activity measure for young adults. *International Journal of Health Promotion and Education*. 2016; 54(5):245-254.
28. Byrd-Bredbenner, C., **Quick, V.**, Koenings, M., Martin-Biggers, J., Kattelman, K., Relationships of cognitive load on eating and weight-related behaviors of young adults. *Eating Behaviors*. 2016;21:89-94.
29. **Quick, V.**, Byrd-Bredbenner, C., White, A.A., Brown, O., Colby, S., Shoff, S., Lohse, B., Greene, G.W., Horacek, T., Kidd, T. Relationships of sleep duration with weight-related behaviors of U.S. college students. *Behavioral Sleep Medicine*. 2015;1-16.
30. Yorkin, M., Spaccartella, K., Martin-Biggers, J., Lozada, C., Hongu, N., **Quick, V.**, Byrd-Bredbenner, C. A tool to improve accuracy of parental measurements of preschool child height. *Advances in Public Health*. 2015;2015:Article ID 965371.
31. **Quick, V.**, Shoff, S., Lohse, B., White, A., Horacek, T., Greene, G. Relationships of eating competence, sleep quality and behaviors, and overweight status among college students. *Eating Behaviors*. 2015;19:15-19.
32. Heller, B., Martin-Biggers, J., Berhaupt-Glickstein, A., **Quick, V.**, Byrd-Bredbenner, C. Fruit-related terms and images on food packages and advertisements affect children's perceptions of foods' fruit content. *Public Health Nutrition*. 2015;18(15):2722-2728.
33. Martin-Biggers, J., Koenings, M., **Quick, V.**, Abbot, J., Byrd-Bredbenner, C. Appraising nutrient availability of household food supplies using block dietary screeners for individuals. *European Journal of Clinical Nutrition*. 2015;69(9):1028-1034.
34. Loth, K., Wall, M., Chien-Wen, C., Bucchianeri, M., **Quick, V.**, Larson, N., Neumark-Sztainer, D. Family meals and disordered eating in adolescents: Are the benefits the same for everyone? *International Journal of Eating Disorders*. 2015;48(1):100-110.
35. Brown, O., **Quick, V.**, Colby, S., Greene, G., Horacek, T., Hoerr, S., Koenig, M., Kidd, T., Morrell, J., Olfert, M., Phillips, B., Shelnut, K., White, A., Kattelman, K.K. Recruitment lessons learned from a tailored web-based health intervention project Y.E.A.H. (Young Adults Eating and Active for Health). *Health Education*. 2015;115(5):470-479.

36. Caccavale, L., Nansel, T., **Quick, V.**, Haynie, D., Lipksy, L., Laffel, L.M., Mehta, S.N. Associations of disordered eating behavior with the family diabetes environment in youth with type 1 diabetes. *Journal of Developmental and Behavioral Pediatrics*. 2015;36:8-13.
37. **Quick, V.**, Byrd-Bredbenner, C., White, A.A., Shoff, S., Lohse, B., Horacek, T., Kattlemann, K., Phillips, B., Hoerr, S., Greene, G. Concordance of self-report and measured height and weight of college students. *Journal of Nutrition Education and Behavior*. January/February 2015;47(1):94-98.
38. Martin-Biggers, J., Beluska, K., **Quick, V.**, Tursi, M., Byrd-Bredbenner, C. Cover lines using positive, urgent, unique language entice Moms to read health communications. *Journal of Health Communication*, 2015;0:1-7.
39. **Quick, V.**, McWilliams, R., Byrd-Bredbenner, C. A case-control study of psychological well-being and weight teasing in young adults with and without bowel conditions. *Journal of Human Nutrition & Dietetics*, 2015;28(1):28-36.
40. **Quick, V.**, Corda, K.W., Martin-Biggers, J., Chamberlin, B., Schaffner, D., Byrd-Bredbenner, C. Short food safety videos promote peer networking and behavior change. *British Food Journal*. 2015;117(1):78-93.
41. **Quick, V.**, Berg, K., Bucchiera, M., Byrd-Bredbenner, C. Identification of eating disorder pathology in college students: A comparison of DSM-IV-TR and DSM-5 diagnostic criteria. *Advances in Eating Disorders*. 2014;2(2):112-124.
42. **Quick, V.**, Lipsky, L.M., Laffel, L.M., Mehta, S.N., Quinn, H., Nansel, T.R. Relationships of neophobia and pickiness with dietary variety, dietary quality, and diabetes management in youth with type 1 diabetes. *European Journal of Clinical Nutrition*. 2014;68(1):131-136.
43. **Quick, V.**, Byrd-Bredbenner, C., White, A.A., Brown, O., Colby, S., Shoff, S., Lohse, B., Greene, G.W., Horacek, T., Kidd, T. Eat, sleep, work, play: Associations of weight status and health-related behaviors among young adult college students. *American Journal of Health Promotion*. November/December 2014;29(2):e64-e72.
44. **Quick, V.**, Lipksy, L., Nansel, T.R., Liu, D., Due, P., Iaonatti, R. Body image and weight control in youth: 9-year international trends from 24 countries. *International Journal of Obesity*. 2014;38(7):988-994.
45. **Quick, V.** Social theory applied to body image in youth with chronic illness. *American Journal of Lifestyle and Medicine*. January/February 2014;8(1):15-20.
46. **Quick, V.**, Byrd-Bredbenner, C. Disordered eating, socio-cultural media influencers, body image, and psychological factors among a racially/ethnically diverse population of college women. *Eating Behaviors*. 2014;15:37-41.
47. Kornides, M., Nansel, T., **Quick, V.**, Haynie, D., Lipksy, L., Laffel, L.M., Mehta, S.N. Associations of family meal frequency with family meal habits and meal preparation characteristics among families of youth with type 1 diabetes. *Child: Care, Health and Development*. 2014;40(3):405-411.
48. Morrell, J., Byrd-Bredbenner, C., **Quick, V.**, Olfert, M., Dent, A., Carey, G.B. Metabolic syndrome: Comparison of prevalence in young adults at 3 land-grant universities. *Journal of American College Health*. 2014;62(1):1-9.
49. Yorkin, M., Spaccarotella, K., Martin-Bigger, J., **Quick, V.**, Byrd-Bredbenner, C. Accuracy of consistency of weights provided by home bathroom scales. *BMC Public Health*. 2013;13:1194.
50. **Quick, V.**, Wall, M., Larson, N., Haines, J., Neumark-Sztainer, D. Personal, behavioral and environmental predictors of overweight incidence in young adults: 10-year longitudinal findings. *International Journal of Behavioral Nutrition & Physical Activity*. 2013;10:37.

51. **Quick, V.**, Eisenberg, M., Bucchiera, M., Neumark-Sztainer, D. Prospective predictors of body dissatisfaction: Ten-year longitudinal findings. *Emerging Adulthood*. 2013;1(4):271-282.
52. **Quick, V.**, Byrd-Bredbenner, C., Neumark-Sztainer, D. Chronic illness and disordered eating: A review of the literature. *Advances in Nutrition*. 2013;4(3):277-286.
53. **Quick, V.**, Loth, K., Linde, J., MacLeose, R., Neumark-Sztainer, D. Prevalence of adolescents' self-weighting behaviors and associations with weight control practices and weight-related problems. *Journal of Adolescent Health*. 2013;52(6):738-744.
54. **Quick, V.**, Byrd-Bredbenner, C. Eating Disorders Examination Questionnaire (EDE-Q): Norms for college students. *Eating and Weight Disorders*. 2013;18(1):29-35.
55. **Quick, V.**, McWilliams, R., Byrd-Bredbenner, C. Fatty, Fatty, Two-By-Four: Weight teasing history and disturbed eating in young adult women. *American Journal of Public Health*. 2013;103(3):508-515.
56. Byrd-Bredbenner, C., Berning, J., Martin-Biggers, J., **Quick, V.** Food safety in home kitchens: A synthesis of the literature. *International Journal of Environmental Research and Public Health*. 2013;10(9):4060-4085.
57. **Quick, V.**, Corda, K., Byrd-Bredbenner, C. Ninja kitchen to the rescue: Evaluation of a food safety education game for middle school youth. *British Food Journal*. 2013;115(5):686-699.
58. **Quick, V.**, Corda, K., Byrd-Bredbenner, C. Determinants of safe food handling behaviors among middle school youth. *Nutrition & Food Science*. 2013;43(6): 543-553.
59. Martin-Biggers, J., Aljallad, C., Ciecierski, C., Yablonsky, C., Akhabue, I., McKinley, J., Hernandez, K., Yorkin, M., Jackson, R., **Quick, V.**, Byrd-Bredbenner, C. What foods are U.S. supermarkets promoting? A content analysis of supermarket sale circulars. *Appetite*. 2013;62:160-165.
60. Horacek, T., Erdman, M., Reznar, M.; Olfert, M., Brown-Esters, O., Kattelman, K., Kidd, T., Koenings, M., **Quick, V.**, Shelnutt, K., White, A.A. Evaluation of food store environment on and near the campus of 15 post-secondary institutions. *American Journal of Health Promotion*. 2013;27(4):e81-90.
61. **Quick, V.**, Byrd-Bredbenner, C. Disturbed eating behaviors and associated psychographic characteristics of young adults. *Journal of Human Nutrition & Dietetics*. 2012;26(Suppl. 1):53-63.
62. **Quick, V.**, Larson, N., Eisenberg, M.E., Hannon, P.J., Neumark-Sztainer, D. Self-weighting behaviors in young adults: Tipping the scale towards unhealthy eating behaviors? *Journal of Adolescent Health*. 2012;51:468-474.
63. **Quick, V.**, Byrd-Bredbenner, C. Weight regulation practices of young adults: Predictors of restrictive eaters. *Appetite*. 2012;59(2):425-430.
64. **Quick, V.**, McWilliams, R., Byrd-Bredbenner, C. A case-control study of disturbed eating behaviors and related psychographic characteristics in young adults with and without diet-related chronic health conditions. *Eating Behaviors*. 2012;13(3):207-213.
65. **Quick, V.**, Byrd-Bredbenner, C. Disturbed eating severity scale (DESS) places disturbed eating risk on a continuum. *Appetite*. 2012;59:168-176.
66. Szymona, K., **Quick, V.**, Olfert, M., Shelnutt, K., Kattelman, K.K., Brown-Esters, O., Colby, S.E., Beaudoin, C., Lubniewski, J., Maia, A.M., Horacek, T., Byrd-Bredbenner, C. The university environment: A comprehensive assessment of health-related advertisements. *Health Education*. 2012;112(6):497-512.

67. Byrd-Bredbenner, C., Johnson, M., **Quick, V.**, Walsh, J., Grenne, G.W., Hoerr, S., Colby, S., Kattlemann, K.K., Phillips, B., Kidd, T., Horacek, T. Sweet & Salty: An assessment of the snacks and beverages sold in vending machines on U.S. post-secondary institution campuses. *Appetite*. 2012;58:1143-1151.
68. Horacek, T., White, A.A., Greene, G.W., Reznar, M.M., **Quick, V.**, Morrell, J.S., Colby, S.M., Kattlemann, K.K., Herrick, M.S., Shelnutt, K.P., Mathews, A., Phillips, B.W., Byrd-Bredbenner, C. Sneakers and Spokes: An assessment of the walkability and bikeability of U.S. post-secondary institutions. *Journal of Environmental Health*. 2012;74(7):8-15.
69. Dissen, A., Policastro, P., **Quick, V.**, Byrd-Bredbenner, C. Interrelationships among nutrition knowledge, attitudes, behaviors and body satisfaction. *Health Education*. 2011;111(4):283-295.
70. Syzmona, K., **Quick, V.**, Byrd-Bredbenner, C. An instrument to assess health-related advertising on college campuses. *Nutrition & Food Science*. 2011;41(2):96-103.
71. Heller, R., **Quick, V.**, Byrd-Bredbenner, C. Where's the fruit? Temporal changes in television advertisements for "fruit containing" foods during children's programming. *Journal of Children & Media*. 2011;3(1):16-21.
72. **Quick, V.**, Byrd-Bredbenner, C. Effects of photographs of lower and higher BMI fashion models on body dissatisfaction of young women. *Topics in Clinical Nutrition*. January/March 2011; 26(1):57-67.
73. **Quick, V.** Disturbed eating behaviors in youth with type 1 diabetes. *The Research Digest Newsletter*. Summer-Fall 2010; 45(3):15-16.
74. Corda, K.W., **Quick, V.**, Schefske, S., DeCandia, J., Byrd-Bredbenner, C. Toward a polytheoretical framework for health behavior change. *American Journal of Health Studies*. 2010; 25(4):211-230.
75. Byrd-Bredbenner, C., Greci, A., **Quick, V.** Effect of a television program on 9- and 10-year old girls' nutrition cognitions and intended behaviors. *Nutrition & Dietetics*. September 2010; 67(3):143-149.
76. Byrd-Bredbenner, C., Maurer Abbot, J., **Quick, V.** Food safety knowledge and beliefs of middle school children: Implications for food safety educators. *Journal of Food Science Education*. January 2010; 9(1):19-30.
77. Hoffman, D., Policastro, P., **Quick, V.**, Lee, S.K. Changes in body fat and weight mass of men and women in the first year of college: A study of the "Freshman 15." *Journal of American College Health*. July/August 2006; 55:41-45.

➤ MANUSCRIPTS UNDER REVIEW

1. **Quick, V.**, Errickson, L.B., Bastian, G., Chang, G., Davis, S., Capace, A., Schoolman, E.. Preserving farm freshness: A mixed methods approach to evaluating consumer preferences for local value-added products. (In Review) *Journal of Agriculture, Food Systems, and Community Development*
2. Briggs, T., **Quick, V.**, Hallman, WK. Content analysis of popular diet & nutrition smartphone apps for weight management. (In Review) *Journal of Nutrition Education and Behavior*
3. Posluszny, HR, **Quick, V.**, Worobey, J. Disordered eating in collegiate women: Associations with the mother-daughter relationship. (In Review) *Eating and Weight Disorders*

4. Eck, K., **Quick, V.**, Byrd-Bredbenner, C. Hassle exposure and reactivity links with obesogenic behaviors and poorer health in university students. (In Review) *American Journal of Health Promotion*
5. Errickson, L., Schoolman, E., **Quick, V.**, Davis, S., Capace, A. Engaging farmers, culinary schools and community members in value-added production to strengthen local food systems (In Review). *Journal of Extension*.

➤ **MANUSCRIPTS IN PREPARATION**

1. Elnakib, S., **Quick, V.**, Downs, S., Mendez, M., Lewis, M.J., Wackowski, O.A., Robson, M. (In Preparation) Food waste in schools: A pre-/post-test study design examining the impact of a food service training intervention to reduce food waste. *Journal of Nutrition Education and Behavior*
2. Elnakib, S., **Quick, V.**, Downs, S., Wackowski, O.A., Robson, M. (In Preparation) Evaluating agreement between the Visual Quarter-Plate Method and Weighed Method used to estimate plate waste. *Journal of the Academy of Nutrition and Dietetics*
3. Elnakib, S., **Quick, V.**, Downs, S., Wackowski, O.A., Robson, M. (In Preparation) Process Evaluation of a Smarter Lunchroom Movement Training for Elementary and Middle School Cafeteria Workers (TBD)
4. Park, K., **Quick, V.**, Byrd-Bredbenner, C., Worobey, J. (In Preparation) Exploring relationships of recalled weight teasing during childhood with current eating behaviors and psychological characteristics among mothers of young children. (TBD)

➤ **PUBLICATIONS: PUBLISHED ABSTRACTS**

Conference presentations of peer-reviewed abstracts

1. Posluszny, H., **Quick, V.**, Worobey, J. (In Review) Associations of the mother-daughter relationship and family weight-related conversations with disordered eating among college women. Food and Nutrition Conference Expo (Oct 2021).
2. Briggs, T., **Quick, V.**, Hallman, W. (In Review) Mapping of dietary intake, anthropometric, physical activity, and behavior change feature in popular weight management apps. Food and Nutrition Conference Expo (Oct 2021).
3. Delaney, C., **Quick, V.**, Byrd-Bredbenner. (In Review) Weight-related behaviors of mothers with young children differ by maternal education level. Food and Nutrition Conference Expo (Oct 2021).
4. Park, Kyunghyun, Park, **Quick, V.**, Worobey, J., Byrd-Bredbenner, C. (In Review) Associations of recalled weight-based teasing during childhood with eating behaviors and psychological characteristics among mothers of young children. Food and Nutrition Conference Expo (Oct 2021).
5. Bastian, G.E., **Quick, V.**, Errickson, L.B., Capace, A., Flatt, J., Davis, S., Schoolman, E. Personal food values in 2020: Reimagining the Food Choice Process Model using consumer input from urban New Jerseyans. *Journal of Nutrition Education and Behavior*. 2020;52(7):Supplement S5.
6. Errickson, L.B., Schoolman, E., **Quick, V.**, Capece, A., Bastian, G.E., Chang, G., Davis, S., Flatt, J., Jimenez, M., Sie, A. Community opportunity in New Jersey: The role of food choice, farm viability, and local economy in a sustainable food future. *Journal of Nutrition Education and Behavior*. 2020;52(7):Supplement S16-17.
7. Papaconstantinou, E., **Quick, V.**, Vogel, E., Coffey, S., Zitzelsberger, H., Miller, A. Exploring relationships among sleep, eating, and physical activity behaviours in the post-secondary population. 2019;64(1):Supplement S291.

8. **Quick, V.**, Errickson, L.B., Bastian, G.E., Schoolman, E., Capace, A. Using consumer stakeholders input to inform a community-based pilot of value-added products sold at local NJ Farmers Markets. *Journal of the Academy of Nutrition and Dietetics*. 2019;119(10):Supplement A150.
9. Xiong, R., **Quick, V.**, Byrd-Bredbenner, C. Generation X vs Millennial Mothers: Comparison of weight-related cognitions and behaviors by generation. *International Journal for Behavioral Nutrition and Physical Activity*. International Society for Behavioral Nutrition and Physical Activity, Prague, Czech Republic, June 2019.
10. Santiago, E., **Quick, V.**, Martin-Biggers, J., Byrd-Bredbenner, C. Food insecurity risk and weight-related behaviors of mothers and children. *Journal of the Academy of Nutrition and Dietetics*. 2018;118(9):Supplement A85.
11. E. Santiago, **Quick, V.**, Martin-Biggers, J., Byrd-Bredbenner, C. Maternal employment and family meals, feeding practices and weight. *Journal of the Academy of Nutrition and Dietetics*. 2018;118(9):Supplement A20.
12. **Quick, V.**, Martin-Biggers, J., Povis, G., Worobey, J., Hongu, N., and Byrd-Bredbenner, C. Long-term Effects of the HomeStyles Randomized Controlled Trial (RCT) in Families with Preschool Children on Social Cognitive Theory Constructs Associated with Physical Activity (PA) Cognitions and Behaviors. *International Journal for Behavioral Nutrition and Physical Activity*. International Society for Behavioral Nutrition and Physical Activity, Hong Kong, China, June 2018.
13. **Quick, V.**, Delaney, C., and Byrd-Bredbenner, C. Within-Family Social Capital: Links to Weight-Related Behaviors and Cognitions in Families with Young Children. *International Journal for Behavioral Nutrition and Physical Activity*. International Society for Behavioral Nutrition and Physical Activity, Hong Kong, China, June 2018.
14. Delaney C., **Quick, V.**, Byrd-Bredbenner, C. Weight-related aspects of the home environment among parent racial/ethnic groups. *Journal of the Academy of Nutrition and Dietetics*. 2017;117(9):Supplement A98.
15. Delaney C., **Quick, V.**, Byrd-Bredbenner, C. Eating, sleeping and physical activity behaviors and cognitions of parents with preschool-aged children differ by race/ethnicity. *Journal of the Academy of Nutrition and Dietetics*. 2017;117(9):Supplement A54.
16. Byrd-Bredbenner, C., **Quick, V.**, Martin-Biggers, J. A socio-ecological examination of weight-related characteristics in home environments of families with young children. Presented at International Congress of Nutrition, Buenos Aires, Argentina, October 2017.
17. Byrd-Bredbenner, C., **Quick, V.**, Martin-Biggers, J. HomeStyles: A Randomized Controlled Trial. Presented at International Congress of Nutrition, Buenos Aires, Argentina, October 2017.
18. Delaney, C. **Quick, V.**, Byrd-Bredbenner, C. Weight-related behaviors and cognitions: Differences between Latino and White families with young children. *The FASEB Journal*. 2017;31(1):Supplement 961.9.
19. Delaney C., **Quick, V.**, Byrd-Bredbenner, C. Weight-related aspects of the home environment of Latino families. *The FASEB Journal*. 2017;31(1):Supplement 962.7.
20. Delaney C., **Quick, V.**, Eck, K., Byrd-Bredbenner, C. The effect of family affluence on weight-related cognitions of the home environment. *The FASEB Journal*. 2017;31(1):Supplement 962.7.
21. Eck, K., **Quick, V.**, Martin-Biggers, J., Delaney, C., Byrd-Bredbenner, C. Education level influences weight-related cognitions and behaviors of parents with preschoolers. *The FASEB Journal*. 2017;31(1):Supplement 642.3.

22. **Quick, V.** Screening cystic fibrosis patients for disordered eating: Implications for standards of care. *Journal of the Academy of Nutrition and Dietetics*. 2016;116(9): Supplement A94.
23. **Quick, V.,** Martin-Biggers, J., Byrd-Bredbenner, C. Mom's eating, sleeping, and physical activity behaviors differ by weight status: Implications for nutrition education interventions. *Journal of the Academy of Nutrition and Dietetics*. 2016;116(9): Supplement A24.
24. Delaney, C., **Quick, V.,** and Byrd-Bredbenner, C. Weight-related cognitions and behaviors of Latino parents of preschool-aged children. *Journal of the Academy of Nutrition and Dietetics*. 2016;116(9): Supplement A99.
25. Eck, K., Martin-Biggers, J., **Quick, V.,** Pavis-Alleman, G., Hongu, N., Byrd-Bredbenner, C. Childhood obesity prevention cognitions of non-nutrition professionals working with young children and their families. *Journal of Nutrition Education and Behavior*. 2016;48(7):S63.
26. **Quick, V.,** Martin-Biggers, J., Pavis-Alleman, G., Hongu, N., Worobey, J., Byrd-Bredbenner, C. Moms and Dads: How they differ in their roles as family food gatekeepers. International Congress of Dietetics, September, 2016.
27. Martin-Biggers, J., **Quick, V.,** Worobey, J., Byrd-Bredbenner, C. Physical activity level, modeling, and importance to mothers of preschool children. *The FASEB Journal*. 2016;30(1):Supplement 152.7
28. **Quick, V.,** Martin-Biggers, J., Pavis-Alleman, G., Hongu, N., Worobey, J., Byrd-Bredbenner, C. Parents of preschoolers: Weight-related cognitions and behaviors. *The FASEB Journal*. 2016;30(1):Supplement 419.5.
29. Martin-Biggers, J., **Quick, V.,** Worobey, J., Byrd-Bredbenner, C. Development of a survey that assesses intra- and inter-personal weight-related cognitions and behaviors of mothers of young children. *The FASEB Journal*. 2016;30(1):Supplement 669.6.
30. Martin-Biggers, J., **Quick, V.,** Pavis-Alleman, G., Hongu, N., Worobey, J., Byrd-Bredbenner, C. Families with preschool children: Weight-related aspects of their home environments. *International Journal for Behavioral Nutrition and Physical Activity*. International Society for Behavioral Nutrition and Physical Activity, June 2016
31. Barrios, P., Martin-Biggers, J., **Quick, V.,** Byrd-Bredbenner, C. Reliability and criterion validity of self-reported measured waist, hip, and neck circumferences taken with a home-assembled measuring tape after viewing an online instructional video. *International Journal for Behavioral Nutrition and Physical Activity*. International Society for Behavioral Nutrition and Physical Activity, June 2016.
32. **Quick, V.,** Nansel, T., Lipsky, L., Mehta, S. Laffel, L. Autonomous and controlled motivation for healthful eating in youth with type 1 diabetes (T1D) and their parents. *Journal of the Academy of Nutrition and Dietetics*. 2015;115(9):Supplement A48.
33. Byrd-Bredbenner, C., **Quick, V.,** Koenings, M.M., Martin-Biggers, J., Kattelman, K. Impact of cognitive load on weight-related behaviors of young adults. *Journal of the Academy of Nutrition and Dietetics*. 2015;115(9):Supplement A62.
34. **Quick, V.,** Byrd-Bredbenner, C., White, A.A., Shoff, S., Lohse, B., Horacek, T., Kattelman, K., Phillips, B., Hoerr, S., Greene, G. Development of a physical activity measure among college students. *Journal of the Academy of Nutrition and Dietetics*. 2014;114(9):Supplement A23.
35. **Quick, V.,** Nansel, T.R., Liu, D., Lipsky, L., Due, P., Iaconatti, R. Body image and weight control in youth: 9-year international trends from 24 countries. *The FASEB Journal*. 2014;28(1):Supplement 811.5.

36. **Quick, V.**, Byrd-Bredbenner, C., White, A.A., Shoff, S., Lohse, B., Horacek, T., Kattlemann, K., Phillips, B., Hoerr, S., Greene, G. Concordance of self-report and measured height and weight of college students. *The FASEB Journal*. 2014;28(1):Supplement 1031.9.
37. **Quick, V.**, Byrd-Bredbenner, C. Disordered eating behaviors and attitudes of females with cystic fibrosis. *The FASEB Journal*. 2014;28(1):Supplement 628.7.
38. Popelka, J., **Quick, V.**, Murray, P., Olfert, M. The use of technology in eating disorder treatment programs. *The FASEB Journal*. 2014;28(1):Supplement 1020.4.
39. Lipsky, L.M., Nansel, T.R., **Quick, V.** Processed food intake is adversely associated with multiple indicators of cardiometabolic health in US adults: Findings from the National Health and Nutrition Examination Surveys (2005-2008) *Circulation*. 2014;129:AP181.
40. Martin-Biggers, J, Beluska, K., Tursi, M., **Quick, V.**, Byrd-Bredbenner, C. Magazine headline themes/emotions that motivate mothers to read nutrition education materials. *The FASEB Journal*. 2014;28(1):Supplement 262.3.
41. **Quick, V.**, Lipsky, L.M., Nansel, T.R., Quinn, H., Laffel, L.M., Mehta, S.N. Relationships among neophobia, pickiness, dietary variety and dietary quality in youth with type 1 diabetes. *Journal of the Academy of Nutrition and Dietetics*. 2013;113(9):Supplement A31.
42. **Quick, V.**, Byrd-Bredbenner, C., Brown, O., Colby, S., Horacek, T., Shoff, S., White, A.A., Lohse, B., Greene, G.W., Kidd, T. Relationships among sleep duration, weight-related behaviors, and BMI in college students. *Journal of the Academy of Nutrition and Dietetics*. 2013;113(9):Supplement A78.
43. **Quick, V.**, Heller, R., Corda, K., Martin-Biggers, J., Schaffer, D., Gleason, J., Chamberlin, B., Byrd-Bredbenner, C. Don't be Gross! Development of food safety 'video snacks' viral marketing campaign for middle school youth. *Journal of the Academy of Nutrition and Dietetics*. 2013;113(9):Supplement A56.
44. **Quick, V.**, Byrd-Bredbenner, C. Vegetarians and vegans: Are they at increased risk for disordered eating and poor psychological well-being? *Journal of the Academy of Nutrition and Dietetics*. 2013;113(9):Supplement A89.
45. Byrd-Bredbenner, C., **Quick, V.**, White, A.A., Brown, O., Colby, S., Shoff, S., Lohse, B.; Greene, G.W., Horacek, T., Kidd, T. Eat, sleep, work, play: Relationships among health-related behaviors of young adults by weight status. *Annals of Nutrition and Metabolism*. 2013;63:487.
46. **Quick, V.**, Heller, R., Corda, K., Martin-Biggers, J., Byrd-Bredbenner, C. Friends matter: Food safety (FS) cognitive and behavioral influences among youth. *The FASEB Journal*. 2013;27(1):Supplement 626.5.
47. **Quick, V.**, Byrd-Bredbenner, C. Eating attitudes, behaviors, and associated psychographic characteristics of college students: Are there differences in those with and without nutrition majors? *The FASEB Journal*. 2013;27(1):Supplement 841.25.
48. **Quick, V.**, Shu, E., Aljallad, C., Yorkin, M., McKinley, J., Ciecierski, C., Yablonsky, C., Jackson, R., Burslem, R., Byrd-Bredbenner, C. Relationships between young adults' weight-related behaviors and associated health outcomes. *Journal of the Academy of Nutrition and Dietetics*. 2012;112(9):Supplement A27.
49. **Quick, V.**, Byrd-Bredbenner, C. Recollections of being overweight and weight teased during childhood affects young adults' current eating behaviors, body image, and related psychological characteristics. *Journal of the Academy of Nutrition and Dietetics*. 2012;112(9):Supplement A94.

50. **Quick, V.**, McWilliams, R., Byrd-Bredbenner, C. Psychological well-being and weight teasing in young adults with and without bowel diseases: Implications for nutrition educators. *Journal of the Academy of Nutrition and Dietetics*. 2012;112(9):Supplement A35.
51. **Quick, V.**, Corda, K., Byrd-Bredbenner, C. Middle Schoolers' Food safety cognitions and intended behaviors: A food safety computer game intervention. *Journal of the Academy of Nutrition and Dietetics*. 2012;112(9):Supplement A55.
52. **Quick, V.**, Corda, K., Byrd-Bredbenner, C. Middle schoolers: Food safety cognitions and behaviors. *Journal of Nutrition Education and Behavior*. 2012;44(4):S51.
53. **Quick, V.**, Byrd-Bredbenner, C. Predicting young adults at risk for eating disorders: Development of a novel disturbed eating severity score. *Journal of the American Dietetic Association*. 2011;111(9):Supplement 29.
54. **Quick, V.**, Corda, K., Byrd-Bredbenner, C. Evaluation of an innovative food safety computer game for middle schoolers. *Journal of the American Dietetic Association*. 2011;111(9): Supplement 96.
55. **Quick, V.**, Weiner, A., Shu, E., Horacek, T., Byrd-Bredbenner, C. University food environment: An assessment of beverages sold in vending machines. *Journal of the American Dietetic Association*. 2011;111(9): Supplement A46.
56. **Quick, V.**, Weiner, A., Shu, E., Byrd-Bredbenner, C. Healthfulness of the food environment on/near a university campus. *Journal of the American Dietetic Association*. 2011;111(9): Supplement 69.
57. **Quick, V.**, Walsh, J., and Byrd-Bredbenner, C. Styles and Surroundings Survey (SSS): Examination of young adults' lifestyle behaviors and environmental surroundings on weight management. *Journal of the American Dietetic Association*. 2011;111(9): Supplement 23.
58. **Quick, V.**, Corda, K.W., Byrd-Bredbenner, C. Ninja Kitchen (NK) to the rescue: Development and formative evaluation of a food safety (FS) education game targeting middle school youth. *Journal of Nutrition Education and Behavior*. July/August 2011;43(4S1): S37.
59. Kattelman, KK., Mortinsen, K., Phillips, B., Shelnut, K., Greene, G., Olfert, M., Esters, O., Nitzke, S., Horacek, T., **Quick, V.**, White, A., Hoerr, S., Kidd, T., Colby, S., Morrell, J. Tailoring a management access system for use by campus coordinators in 14 states for a web-based nutrition intervention. *Journal of Nutrition Education and Behavior*. 2011;43(4):S33-S34.
60. **Quick, V.**, Byrd-Bredbenner, C. Disturbed eating in young adults: A predictive model for determining those at risk for eating disorders. *Journal of Nutrition Education and Behavior*. July/August 2011;43(4S1): S37.
61. **Quick, V.**, Byrd-Bredbenner, C.. Behavioral factors affecting young adults' health and body weight: A PRECEDE-PROCEED framework approach. *Journal of the American Dietetic Association*. 2010;110(9): Supplement A76.
62. **Quick, V.**, Weiner, A., Shu, E., Horacek, T., Byrd-Bredbenner, C. University food environment: An assessment of the nutrient-density of vending machine foods. *Journal of the American Dietetic Association*. 2010;110(9): Supplement A52.
63. Heller, R., **Quick, V.**, Byrd-Bredbenner, C. Where's the fruit? Television food advertisers response to FTC AND IOM challenge to improve self-regulation during children's programming. *Journal of the American Dietetic Association*. 2010;110(9): Suppl. A-113.
64. Maurer Abbot, J., **Quick, V.**, Byrd-Bredbenner, C. What do middle schoolers and their

- parents know about safe food handling? *Journal of the American Dietetic Association*. 2010;110(9): Supplement A69.
65. Grenzi, A., **Quick, V.**, Byrd-Bredbenner, C. A television program's effect on nutrition cognitions and intended behaviors of 9- and 10-year-old girls. *Journal of the American Dietetic Association*. 2010;110(9): Supplement A61.
 66. Szymona, K., **Quick, V.**, Byrd-Bredbenner, C. Assessment of health-related advertising on a university campus. *Journal of the American Dietetic Association*. 2010;110(9): Supplement A79.
 67. Erdman, M., Horacek, T., Phillips, B., Guo, W., Colby, S., White, A.A., Kidd, T., Koenig, M., Walsh, J., **Quick, V.**, Greene, G.W. Assessment of the food and eating environment on college campuses using a modified version of the Nutrition Environment Measures Survey for Restaurants (NEMS-R). *Journal of the American Dietetic Association*. 2010;110(9): Supplement A24.
 68. Horacek, T., Phillips, B., Herrick, M., White, A.A., Person, A., Greene, G.W., **Quick, V.**, Kattelmann, K., Shellnut, K., Morrell, J. Obesity prevention: An assessment and comparison of 14 Campuses' walk-ability and bike-ability. *Journal of the American Dietetic Association*. 2010;110(9): Supplement A89.
 69. **Quick, V.** Disordered eating among youth with diet-related health conditions. *Journal of the American Dietetic Association*. 2009;109(9):Supplement A35.
 70. Maurer Abbot, J., Byrd-Bredbenner, C., **Quick, V.**, Policastro, P. What parents report About their middle schoolers' food safety knowledge and interest in learning about food safety. *Journal of the American Dietetic Association*. 2009;109(9):Supplement A63.
 71. **Quick, V.**, Byrd-Bredbenner, C. Effect of photographs of thin and heavy fashion models on body satisfaction and self-esteem in young women. *Journal of the American Dietetic Association*. 2008;108(9):Supplement A45.
 72. Montone, K., Ginsburg, S., **Quick, V.**, Shea, S. College snacking at it's best. *Journal of the American Dietetic Association*. 2004;104(2):Supplement 43.

➤ PROFESSIONAL PRESENTATIONS

Conference presentations of peer-reviewed abstracts that were not published

1. Schoolman, E., Errickson, L., **Quick, V.**, Sie, A., Liebau, S. (In Review, August 2020) Building alternative food networks through a "product-share" model for value-added products. 83rd Annual Meeting of the Rural Sociological Society, Westminster, CO.
2. Errickson, L., **Quick, V.**, Schoolman, E., Capace, A., Bastion, G., Sie, A., Liebau, S., Lowy, N. (January 2020) Farmers and Community Kitchens: Developing business models for collaborative value-added production. 2020 RCE Annual Conference, New Brunswick, NJ.
3. Schoolman, E., Errickson, L., **Quick, V.**, Capace, A., Bastion, G., Sie, A., Liebau, S., Lowy, N. (October 2019) Farmers and Community Kitchens: Developing business models for collaborative value-added production. 2019 National Direct Agricultural Marketing Summit, Chicago, IL.
4. Errickson, L., Capace, A., Schoolman, E., **Quick, V.** (March 2019) Connecting New Jersey farmers with a not-for-profit culinary school to develop new value-added products: Phase one of a feasibility study. Rutgers University Graduate Student Conference on State and Local Economic Development, Camden, NJ.
5. Zhang, M., **Quick, V.**, Martin-Biggers, J., Jin, Y., Byrd-Bredbenner, C. (April 2017) Influence of family conflict, cohesion, and chaos in the home environment on maternal and child food-related behaviors. 10th Annual Future of Food and nutrition Graduate Student Research Conference, Boston, MA.

6. Martin-Biggers, J., **Quick, V.**, Byrd-Bredbenner, C., Worobey, J. (April 2017) Perceptions of children's weight by mothers and fathers: Differences in concern and control. Society for Research in Child Development Conference, Austin, TX.
7. Byrd-Bredbenner, C., **Quick, V.**, Koenings, M.M., Martin-Biggers, J., Kattelman, K. (June 2015) Cognitive load affects eating behaviors of college students. International Society of Behavioral Nutrition and Physical Activity Conference, Edinburg.
8. Lipsky, LM., Nansel, TR., Haynie, D., **Quick, V.**, Liu, A. (March 2013) Association of television viewing behaviors with energy intake and dietary quality in US adolescents (NEXT Generation Health Study). Society for Prevention Research 22nd Annual Meeting. Washington, DC.
9. **Quick, V.**, Aljallad, C., Yorkin, M., McKinley, J., Yablonsky, C., Shu, E., Jackson, R., Burslem, R., Ciecierski, C., Byrd-Bredbenner, C. (May 2012) Young adults' dietary practices, physical activity level, perceived stress, and health outcomes. New Jersey Dietetic Association, New Brunswick, NJ.
10. **Quick, V.**, Weiner, A., Shu, E., Horacek, T., Byrd-Bredbenner, C. (May 2012) Evaluation of the food store environment on and near the Rutgers University, New Brunswick campus. New Jersey Dietetic Association, New Brunswick, NJ.
11. Martin-Biggers, J., Aljallad, C., Ciecierski, C., Yablonsky, C., Akhabue, I., McKinley, J., Hernandez, K., Yorkin, M., Jackson, R., **Quick, V.**, Byrd-Bredbenner, C. (May 2012) U.S. supermarket sale circulars and MYPLATE: What food groups are advertised most? New Jersey Dietetic Association, New Brunswick, NJ.
12. Heller, R., Berhaupt-Glickstein, A., Martin-Biggers, J., **Quick, V.**, Byrd-Bredbenner, C. (May 2012) Fruit-related artwork on foods containing artificial fruit flavors and no fruit may create false impressions of the foods' fruit content. New Jersey Dietetic Association, New Brunswick, NJ
13. **Quick, V.**, Meyer, K., Larson, N., Wall, M., Haines, J., Neumark-Sztainer, D. (May 2012) Personal, behavioral and environmental predictors of being overweight in young adults: Ten year longitudinal findings. International Behavioral Nutrition and Physical Activity Conference, Austin, TX.
14. **Quick, V.**, Byrd-Bredbenner, C. (May 2012) Black women engage in fewer disturbed eating behaviors than other racial groups. International Conference of Eating Disorders, Austin, TX.
15. **Quick, V.**, Byrd-Bredbenner, C. (April 2012) Weight regulation practices of young adults: Predictors of restraint eaters. Experimental Biology, San Diego, CA.
16. **Quick, V.**, McWilliams, R., Byrd-Bredbenner, C. (April 2012) Case-control study of eating behaviors of young adults with and without diet-related chronic health condition (DRCHCs). Experimental Biology, San Diego, CA.
17. **Quick, V.**, Corda, K.W., Berhaupt, A.; Akhabue, I., Byrd-Bredbenner, C. (April 2012) Food safety knowledge, attitudes, behaviors and intended behaviors of middle schoolers. Experimental Biology, San Diego, CA.
18. **Quick, V.**, Corda, K.W., Berhaupt, A., Akhabue, I., Byrd-Bredbenner, C. (May 2011) Kitchen Ninja: Food Safety Computer Game. New Jersey Dietetic Association, New Brunswick, NJ
19. **Quick, V.**, Aljallad, C., Yorkin, M., McKinley, J., Yablonsky, C., Shu, E., Jackson, R., Burslem, R., Ciecierski, C., Byrd-Bredbenner, C. (May 2011) Baseline BMI, waist circumference, blood lipids and glucose, and blood pressure of Rutgers students participating in Project YEAH. New Jersey Dietetic Association, New Brunswick, NJ
20. **Quick, V.**, Byrd-Bredbenner, C., McWilliams, R. (Presentation April 2011) A case-control study of eating behavior characteristics in young adults with and without diet-related chronic health conditions (DRCHCs): Is there a cause for concern? Rutgers Nutrition,

Endocrinology and Animal Biosciences Graduate Student Conference, New Brunswick, NJ.

21. **Quick, V.**, Byrd-Bredbenner, C. A comparison of disturbed eating behaviors in young adults: Implications for nutrition education and counseling interventions. (April 2011) Experimental Biology Conference, Kansas City, MO.
22. **Quick, V.**, Byrd-Bredbenner, C. Food safety cognitions of parents of tweens: Implications for theory-driven interventions. (April 2011) Experimental Biology Conference, Kansas City, MO.
23. **Quick, V.**, Weiner, A., Shu, E., Horacek, T., Byrd-Bredbenner, C. University food environment: An assessment of the nutrient-density of vending machine foods. (May 2010) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
24. **Quick, V.**, Wiener, A., Shu, E., Horacek, T., Byrd-Bredbenner, C. (May 2010) Beverages sold in vending machines at Rutgers. New Jersey Dietetic Association, New Brunswick, NJ.
25. **Quick, V.**, Wiener, A., Shu, E., Byrd-Bredbenner, C. (May 2010) The Rutgers University food environment. New Jersey Dietetic Association, New Brunswick.
26. **Quick, V.**, Walsh, J., Byrd-Bredbenner, C. (May 2010) Lifestyle behaviors and environmental surroundings related to weight management at Rutgers. New Jersey Dietetic Association, New Brunswick, NJ.
27. **Quick, V.**, Byrd-Bredbenner, C. Fatty, Fatty Two-By-Four: Weight teasing history is associated with disordered eating behaviors in healthy young adult women. (May 2010) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
28. Heller, R., **Quick, V.**, Byrd-Bredbenner, C. Where's the fruit? Television food advertisers response to FTC AND IOM challenge to improve self-regulation during children's programming. (May 2010) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
29. **Quick, V.**, Byrd-Bredbenner, C. Behavioral factors affecting young adults' health and body weight: A PRECEDE-PROCEED framework approach. (May 2010) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
30. Greci, A., **Quick, V.**, Byrd-Bredbenner, C. A television program's effect on nutrition cognitions and intended behaviors of 9- and 10-year-old girls. (May 2010) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
31. Szymona, K., **Quick, V.**, Byrd-Bredbenner, C. Assessment of health-related advertising on a university campus. (May 2010) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
32. **Quick, V.**, Byrd-Bredbenner, C. Fatty, Fatty Two-By-Four: Weight teasing history is associated with disordered eating behaviors in healthy young adult women. (April 2010) Rutgers Nutrition, Endocrinology and Animal Biosciences Graduate Student Conference, New Brunswick, NJ.
33. **Quick, V.**, Weiner, A., Shu, E., Horacek, T., Byrd-Bredbenner, C. University food environment: An assessment of the nutrient-density of vending machine foods. (April 2010) Rutgers Nutrition, Endocrinology and Animal Biosciences Graduate Student Conference, New Brunswick, NJ.
34. **Quick, V.**, Weiner, A., Shu, E., Byrd-Bredbenner, C. An evaluation of buildings frequently used by students at Rutgers University New Brunswick in promoting physical activity. (May 2009) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
35. **Quick, V.**, Weiner, A., Shu, E., Johnson, E., Byrd-Bredbenner, C. Physical activity and obesity prevention: An assessment of Rutgers University, New Brunswick Campus walk-

- ability and bike-ability. (May 2009) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
36. Byrd-Bredbenner, C., **Quick, V.**, Maurer Abbot, J. Food safety cognitions of middle schoolers and parents of middle schoolers. (March 2010). Advancements in Food Safety Education: Trends, Tools & Technologies Conference, Atlanta, GA.
 37. **Quick, V.** Review of literature: Disordered eating in diet-related health conditions in young adults. (May 2009) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
 38. Corda, KW., Schefske, S., **Quick, V.**, Espinosa, C., Sekri, D., Courel, M., DeCandia, J., Brown, JM., Byrd-Bredbenner, C. A polytheoretical framework for behavioral nutrition education. (May 2009) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ
 39. Heller, R., **Quick, V.**, Byrd-Bredbenner, C. Have food advertisers responded to the FTC and IOM challenge to improve self-regulation? (May 2009) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
 40. **Quick, V.**, Weiner, A., Shu, E., Johnson, E., Byrd-Bredbenner, C. Rutgers University (New Brunswick) support for physical activity and obesity prevention: An assessment of campus walk-ability and bike-ability. (April 2009) Rutgers Nutrition, Endocrinology and Animal Biosciences Graduate Student Conference, New Brunswick, NJ.
 41. **Quick, V.**, Weiner, A., Shu, E., Byrd-Bredbenner, C. Promotion of physical activity: An evaluation of buildings frequently used by students at Rutgers University New Brunswick. (April 2009) Rutgers Nutrition, Endocrinology and Animal Biosciences Graduate Student Conference, New Brunswick NJ.
 42. **Quick, V.** Review of Literature: Disordered eating in diet-related health conditions in young adults. (April 2009) Rutgers Nutrition, Endocrinology and Animal Biosciences Graduate Student Conference, New Brunswick, NJ.
 43. Corda, KW., Schefske, S., **Quick, V.**, Espinosa, C., Sekri, D., Courel, M., DeCandia, J., Brown, JM., Byrd-Bredbenner, C. A polytheoretical framework for behavioral nutrition education. (April 2009) Rutgers Nutrition, Endocrinology and Animal Biosciences Graduate Student Conference, New Brunswick, NJ.
 44. **Quick, V.**, Byrd-Bredbenner, C. Effect of Fashion photographs on young women's self-esteem and body image. (May 2008) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
 45. **Quick, V.**, Byrd-Bredbenner, C. Online focus groups reveal weight and body image concerns among young adults on campus. (May 2008) New Jersey Dietetic Association Annual Conference, New Brunswick, NJ.
 46. **Quick, V.**, Lee, S.K., Policastro, P. Impact of the RU Healthy Dining Team on student's nutrition knowledge, attitudes, and behaviors. (May 2005) Rutgers First Annual Undergraduate Research Symposium, New Brunswick, NJ.
 47. **Quick, V.**, Lee, S.K., Policastro, P. Impact of the RU Healthy Dining Team on student's nutrition knowledge, attitudes, and behaviors. (May 2005) New Jersey Dietetic Association Annual Conference. Long Branch, New Jersey.

➤ INVITED PRESENTATIONS

1. **Quick, V.** Weight-related behaviors across the lifespan: Implications for a lifetime. RU Researching Symposium, Rutgers University, SEBS, EOF program, New Brunswick, NJ (November 2018)
2. **Quick, V.** Dietary Guidelines for Americans – History, development, and recommended healthy eating patterns based on the scientific evidence. Mid-Atlantic ACSM Conference. Harrisburg, PA (November 2017)
3. **Quick, V.** Food, Health and Technology Summit. Panelist, Rutgers Graduate School of Biological Sciences, Rutgers University, New Brunswick, NJ (October 2017)
4. **Quick, V.** Mediterranean Diet: Education, Policy and Practice Implications. Mediterranean Diet Round Table Conference, Boston, MA (May 2017)
5. **Quick, V.** Estimating the cost-effectiveness of a nutrition education intervention in preventing childhood obesity. Rutgers University, Department of Agriculture, Food & Resource Economics (February 2017)
6. **Quick, V.** What's eating you? James Madison University (March 2015)
7. **Quick, V.** Webinar Speaker for Journal of Nutrition Education and Behavior (March 2015)
8. **Quick, V.** The skinny on disordered eating and body image in youth and young adults. West Virginia University (March 2014)
9. **Quick, V.** Webinar Speaker for American Journal of Health Promotion (October 2014)

➤ GRANTS

1. Elnakib, S., Shukaitis, J., Rowe, A., **Quick, V.**, Yanovitzky, I. New Jersey Leaves No Bite Behind. New Jersey Department of Environmental and Protection Recycling Enhancement Act Research Grant. Projected costs: \$489,882 (not funded) (Role: Co-Investigator)
2. Schoolman, E., Capece, A., **Quick, V.**, Errickson, L., (2018) Connecting NJ Farmers with a not-for-profit culinary school to produce value added food products: A Feasibility Study. Local Food Promotion Program of USDA-AMS Grant. Funded: \$97,216 (Role: Co-Investigator)
3. Jin, Y., **Quick, V.** Longitudinal analysis examining effects of 100% orange juice intake on anthropometric and cardio-metabolic health indicators in U.S. Children. State of Florida Department of Citrus RFP. Projected costs: \$260,242. (not funded) (Role: Co-Primary Investigator)
4. Papaconstantinou, E., **Quick, V.**, Miller, A., Vogel, E., Coffey, S., Zitzelsberger, H., & Knibbe, TJ (2017). Exploring relationships between weight-related behaviours and sleep patterns in Canadian university students. What are the implications for dietitians? 2016-2017 Grant Competition – Canadian Foundation for Dietetic Research. Funded: \$16,085.60. (Role: Co-Principal Investigator)
5. **Quick, V.** Development of successfully tailored, family-based obesity prevention interventions. Rutgers Research Council Grant Program. Funded: \$1,300. (Role: Principal Investigator)
6. **Quick, V.**, Errickson, L. Screening for metabolic syndrome risk in low-income and food insecure populations at the New Brunswick Community Farmers Market: A feasibility study. 2017 Rutgers Intramural Grant Program for Nutrition, Food and Dietetics Research. Amount \$17,879.67 (not funded). (Role: Principal Investigator)
7. Lawson, L., **Quick V.**, Rao, S., Schoolman, E., Taylor, M. Feasibility Study: An Analysis of the Food Aid / Food Security System in Greece. Funded by the Stavros Niarchos Foundation. Funded: \$120,852. (Role: Project Manager)

8. **Quick, V.** Discovering obesity risk groups in families with young children using a socio-ecological approach. Early Career Investigator grant from The Sackler Institute for Nutrition Science, \$50,000. (not funded) (Role: Principal Investigator)
9. Rittenhouse, M., **Quick, V.**, Hesse, M. Nutrition Assessment Initiative (NAI): Building Collaboration and Engagement, JMU Internal Grant, \$14,500 (not funded) (Role: Co-Principal Investigator)
10. **Quick, V.** Screening cystic fibrosis patients for disordered eating: Implications for standards of Care treatment, Virginia Quick, PI, J.B. Hawley Award (supported by the Division of Epidemiology and Community Health), \$4,000 awarded. [unable to continue project due to change in job] (Role: Principal Investigator)
11. **Quick, V.** Kappa Omicron Nu Reserach Fellowship for Graduate Students, \$1,000 awarded. (Role: Prinicpal Investigator)

➤ ADVISING/MENTORING

- | | |
|---------------|--|
| 2021- Present | Michelle Mayersky, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Advisor) |
| 2021- Present | Allison Mandell, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Advisor) |
| 2021- Present | Virginia Fitts, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Advisor) |
| 2020- Present | Amanda Lee, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Committee Member) |
| 2020- Present | Sarah Davis, Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Advisor) |
| 2020- Present | Kyra Tywanick, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Advisor) |
| 2020- Present | Jessica Carr, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Advisor) |
| 2020- Present | Corinne Lima, Undergraduate Honor student at Rutgers University (Advisor for George H. Cook research project) |
| 2020- Present | Emily Wheatley, Undergraduate Honor student at Rutgers University (Advisor for George H. Cook research project) |
| 2020- Present | Elena Santiago, Graduate Doctoral Nutritional Science program at Rutgers University (Dissertation Committee member) |
| 2019- Present | Lizz Hannah, Graduate Doctoral Nutritional Science program at Rutgers University (Dissertation Committee member) |
| 2019- 2020 | John Delos Reyes, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Committee member) |
| 2019- 2020 | Maria Attardo, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Committee member) |
| 2019- 2020 | Trudy Park, ISPP Graduate Masters Nutritional Sciences program at Rutgers University (Thesis Advisor) |
| 2018- Present | Het Desai-Shah, Graduate Doctoral Nutritional Science program at Rutgers University (Dissertation Committee member) |
| 2018- Present | Telema Briggs, Graduate Doctoral Nutritional Science program at Rutgers University (Dissertation Committee member) |
| 2019- 2020 | Hannah Posluszny, Undergraduate Honor student at Rutgers University (reader for George H. Cooke research thesis) |

- 2019- 2020 Sarah Davis, Undergraduate Honor student at Rutgers University (Advisor for honors project)
- 2018-2020 Marina Vineis, Graduate Doctoral Nutritional Science program at Rutgers University (Thesis Committee member)
- 2017- 2020 Sara Elkanib, Graduate Doctoral School of Public Health program at Rutgers University (Dissertation Committee member)
- 2017- 2020 Grace Chang, Undergraduate Honor student at Rutgers University (Advisor for George H. Cook research project)
- 2017-2018 Chelsea Contugno, Undergraduate student at Rutgers University (mentor in statistical analysis and data set management)
- 2017-2018 Rachel Rodriguez, Undergraduate student at Rutgers University (Joint Advisor for George H. Cook research project)
- 2016-2018 Qing Chen, Graduate Masters Nutritional Science program at Rutgers University (Thesis Committee member)
- 2016-2018 Man Zhang, Graduate Doctoral Food Science Program at Rutgers University (Guidance on statistical analysis and manuscript preparation)
- 2015- 2020 Kaitlyn Eck, MS, RD, Graduate Doctoral Nutritional Science program at Rutgers University (Dissertation Committee member & mentor in data set management, statistical analysis, and manuscript preparation)
- 2015-2019 Colleen Delaney, Graduate Doctoral Nutritional Science program at Rutgers University (Dissertation Committee member & mentor in data set management, analysis, creating novel scoring algorithms)
- 2015-2019 Jessica McKinely, RD, Graduate Masters program in Nutritional Sciences at Rutgers University (Thesis Committee member & mentor in data set management and analysis)
- 2015-2016 Danielle Scanlon, Nutrition & Physical Activity Masters Degree program, James Madison University (Master Thesis Committee member)
- 2014-2015 Caitlin Cademeria, Department of Health Sciences, James Madison University (Undergraduate Honors Thesis Advisor)
- 2014-2015 Grace Berardini, Department of Health Sciences, James Madison University (Undergraduate Honors Thesis Advisor)
- 2014-2015 Ellyn Gildea, Nutrition & Physical Activity Masters Degree program, James Madison University (Directed Research Project Committee member)
- 2012-2014 Jessie Popelka, Dietetic Internship/Masters in Nutritional Sciences program, West Virginia University (External Master Thesis Committee member)
- 2012 Meredith Yorkin, George H. Cook research project, Nutritional Sciences Department, Rutgers University (Collaborator)
- 2012 Hannah Borowsky, Winter intern, Division of Epidemiology and Community Health, University of Minnesota (Supervisor)
- 2011 Elena Shu, BS, Public Health undergraduate student at Rutgers University (Undergraduate Field Work Supervisor)
- 2010 Katie Szymona, MPH, RD, Masters of Public Health student at UMNDJ, Rutgers University (MPH Field Work Supervisor)
- 2009-2011 9 undergraduate student researchers, Rutgers University (Trainer and Supervisor)

➤ PROFESSIONAL SERVICE

Peer-reviewed Journals (*Selected Examples*)

- *Ad hoc peer-reviewer*

American Journal of College Health	Journal of Nutrition Education & Behavior
American Journal of Public Health	Journal of Public Health and Epidemiology
Archives of Public Health	Journal of Research in Obesity
Archives for Pediatrics & Adolescent Medicine	Medicine & Science in Sports & Exercise
BMC Public Health	Pediatric Diabetes
Eating and Weight Disorders	Pediatric Obesity
International Journal of Obesity	Perspective in Public Health
- **Past Moderator/Organizer** for weekly journal club, Journal of Nutrition Education & Behavior 2015-2017
- **Past Editor-In-Chief** of *The Digest*, Academy of Nutrition and Dietetics, Research Dietetics Practice Group Newsletter 2014-2016

Professional Memberships

- 2018- Present Nutrition & Dietetic Educators and Preceptors (NDEP)
- 2012- Present American Society of Nutrition
- 2011- Present Society of Nutrition Education & Behavior,
Public Health Nutrition Division Past Chair 2015-2016
- 2009- Present Research Dietetics Practice Group,
Student Research Newsletter Editor Fall 2010-May 2011
- 2006-2009 Nutritional Sciences Graduate Student Association
President 2008-2009, **Treasurer** 2007-2008
- 2003- Present O Beta Alpha Chapter Kappa Omicron Nu
- 2002- Present Academy of Nutrition and Dietetics
- 2001- Present Lifetime Girl Scout member
- 2006-2008 Eating Issues Working Group, Rutgers University
- 2006-2008 Wellness Coalition, Rutgers University

Media Interviews

- 2018 (Jan) U.S. News and World Report
- 2015 (Feb) The Breeze daily student newspaper
- 2014 (May) The Verge news report
- 2012 (April) Health Behavior News Service
- 2012 (April) School of Public Health Public Health Moment Podcast Interview

Workshop/Seminar Trainings Completed

- 2017 ACEND Training (March 20-21st, Chicago, IL)
- 2020 ServSafe instructor and proctor certified
- 2015 Training course for teaching online classes (20 hours)
- 2014 Lilly Conference on College and University Teaching and Learning (Bethesda, MD)
- 2013 National Institutes of Health “Scientists Teaching Science” training
- 2012 Post-Doc Training Workshop, Bethesda, MD (NIH)

➤ **HONORS AND AWARDS**

- October 2017 Faculty Appreciation, Rutgers Dept of Leadership & Experiential Learning – Nominated by undergraduate student
- May 2015 SNEB Early Career Award Nominee
- October 2012 First Author Award, Academy of Nutrition and Dietetics, Research Dietetics Practice Group
- May 2012 Early Career Poster Award Nominee, International Society of Behavioral Nutrition and Physical Activity Conference
- April 2012 Postdoctoral Fellow Research Poster Award, American Society for Nutrition (Nutrition Education Research Interest Section)
- March 2012 Federation of American Societies for Experimental Biology/Maximizing Access to Research Careers Program Travel Award (2012 NIGMS workshop for Postdocs)
- 2008-2009 American Dietetic Association Foundation PatsyJane O'Malley Memorial Scholarship
- 2007-2008 Teaching Assistant Award, Rutgers University
- 2005-2006 Vincentian Scholarship, College of Saint Elizabeth
- 2005 Outstanding Dietetic Student Award- Didactic Program in Dietetics, New Jersey Dietetic Association
- 2005 Dr. Ann McChesney Award~Nutritional Science Department, Rutgers University
- 2004-2005 American Dietetic Association Foundation Scholarship
- 2004-2005 George H. Cook Scholar, Thesis: V. Quick (2005) Impact of the RU Healthy Dining Team on Student's Nutrition Knowledge, Attitudes, and Behaviors